

BULLETIN

of the

MAHONING COUNTY MEDICAL SOCIETY

JANUARY, 1933

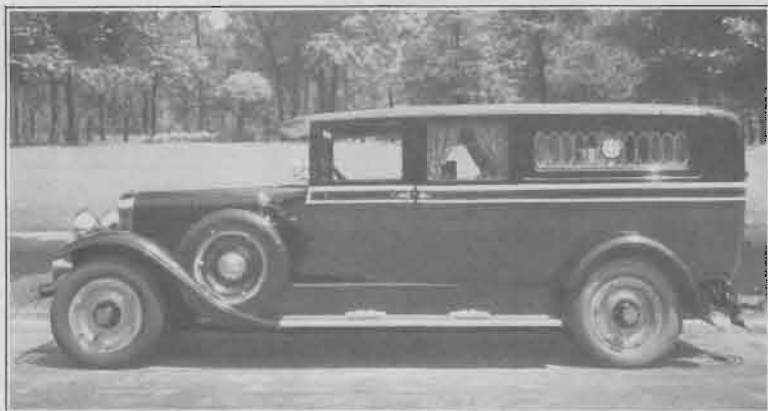
Volume Three

Number One

The history of Medicine is also the history of human fallibility and error.
Fielding H. Garrison



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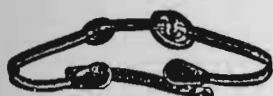
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The President's Page

As we embark upon another voyage as a Society, upon the sea of medical endeavor, your Council and myself desire to extend our wishes for a happy New Year to each of you. We cannot look forward to a new year of great prosperity with poverty, unemployment and deflated credit everywhere about us. But we can marshal our resources just as the nation did in time of war to elevate and enhance the morale of our members through the months ahead.

Allow me to thank you for the honor of serving as President during the year 1933 and to express a determination to make every effort to safeguard the welfare of the organization, and to further the aims and purposes as set forth in the Constitution. With this object in view, our course directs our efforts along three channels.

Firstly: on scientific advancement and individual development. The monthly papers by the best-qualified speakers in the profession and the Post-Graduate Day will be continued. At this time there is considerable agitation against the annual Public Health Lecture, and if held at all, it must undoubtedly be held earlier in the year than December, and be of such a character that it will grasp the imagination of the public or our efforts will be wasted. The decreased budget may prevent any further expenditure along this line. We will endeavor to utilize some of the voluminous material here in our hospitals for group demonstrations and clinics throughout the year. If it is found that enough men are interested and that we may not get mental indigestion by an excess of scientific meetings, your Committee will arrange a series of lectures by teaching men from neighboring medical schools upon various phases of scientific medicine. These will be of especial interest for general practitioners. Your interest will be manifested by making your desires known to the Committee on Special Lectures.

Secondly: frequent social functions will occupy a major place in the activities of the year. For the fellowship of banquets, dinners and picnics relieve us of our burdens and make for a closer association and understanding which is the basis of professional relations.

Thirdly: the most vital function of the Society is that fundamental issue—organization. We must strengthen our unit of this world-wide profession. We need strong organization in this age of mergers and social changes to face the numerous complex problems involving medicine. We must insist that they be solved in accordance with sound principles of government, public benefit, social welfare and scientific reason. We must demand recognition, not by holding a negative attitude, but with constructive policies and a positive program toward the public and the institutions that represent it. Our attitude toward legislative and executive fields of government as it affects the public health and our own existence should be distinctly felt in this community.

Concerning the five-year study of medical care, the Council of the State Society has endorsed the minority report. Your Council, after a study of the subject, will give their findings in a few weeks. With an open mind to the subject-matter of this report, it seems that the final solution of the Cost of Medical Care lies not with the profession but with Society at large in that everyone must earn enough to buy the necessities of life. The individual responsibility in the care of the sick, and the personal confidence between patient and doctor cannot be satisfied except by the physician himself, and no agency, however instituted, can apparently insure perfect medical protection for everyone.

The economic situation has resulted in a great amount of distress in this locality. No-one however is without food, and no-one is without medical aid when it is necessary. There will undoubtedly be an increase in the next few months in the incidence of diseases of malnutrition, but with a hopeful year ahead, we look for a minimum of this deplorable state. With the inroads of the depression having affected all classes of people we see the medical profession battered to its knees but doing its best to serve this community. Let us pursue our course this year with willing hands, bound as a strong unit for service, for development, for protection and for the happiness of every member of the Mahoning County Medical Society.

J. P. HARVEY.

SECRETARY'S REPORT

The year of 1932 has been one of the darkest in the history of our country in an economic way, but to the Mahoning County Medical Society it has been the greatest and most successful since its organization. This has not been solely due to any one group of men in our Society, but is due to the entire membership working together, shoulder to shoulder, and by this unity we as the Mahoning County Medical Society have been having bigger and better scientific meetings, getting larger numbers of our members out to these meetings, and attracting larger groups of visitors to our sessions.

We are recognized as workers by this get-together, shoulder-to-shoulder spirit. Our neighbors are watching us and asking "how do you do it"? We are recognized as one of the most active County societies west of the Allegheny Mountains and our State organization gives us credit for being the most active society in the State. While all other Society memberships in the State have actually decreased, ours has increased by ten members. A membership in our Society is a distinction and an honor. The honor of membership is coveted by those not members.

The activities of the Mahoning County Medical Society are known in all parts of our Country. When our program committee contacts speakers, our invitations are usually accepted with thanks for the opportunity of addressing us.

The 1932 activities started out with a bang, with the Annual Banquet in January which attracted 125 members and guests. The speaker was James Gheen. The monthly meetings were well attended, and averaged an attendance of 110, with the exception of Post Graduate Day and the Union Medical Meeting. The Society was addressed by such outstanding men in the profession as Dr. Joseph Barach, of Pittsburgh, Dr. John Tucker, of Cleveland, Dr. H. A. Christian, of Boston, Dr. S. A. Levine, of Boston, Dr. W. C. Quinby, of Boston, Dr. M. C. Sosman, of Boston, Dr. Temple Fay, of Philadelphia, Dr. Dale Christie, of Cleveland, Dr. Meredith F. Campbell, New York City, and Dr. I. S. Ravdin, of Philadelphia.

The Fifth Post Graduate Day in April was one of the outstanding features of the year. There was an attendance of 456 doctors, representing five states and seventy-three cities and towns. This program was presented by Drs. H. A. Christian, S. A. Levine, Dr. W. C. Quinby and Dr. M. C. Sosman, all of Boston.

The second meeting of importance was the Union Medical Meeting in October, when the Society was host to this Association. The following members of our Society distinguished themselves by reading excellent and worthwhile papers: Dr. John Heberding, Dr. E. C. Baker, Dr. O. D. Hudnut, and Dr. A. E. Elsaesser. The afternoon session was climaxed by a paper by Dr. R. W. Scott, of Cleveland. At the evening session the address was given by Dr. Thomas McCrae, distinguished Philadelphia physician. This meeting was attended by 400 physicians and was acclaimed the best meeting ever held by the Union Medical Association.

The Society has had a very active, impressive, educational, and scientific program for the year, but has not stopped there. We have made ourselves felt in the social service field, both through the Society as a whole and standing committees. We have assisted the City and County in handling its indigent sick. We also aided in working out diets for their soup lines that are both sustaining, cheap and contain properties that are antiscorbutic and antirachitic.

The members of the Society are taking over part of the load of the City

physicians without cost to the City, thus alleviating the need for additional doctors. The Society has been instrumental in getting cheaper drugs for the City. This was brought about through the co-operation of the Mahoning Drug Association, whereby drugs are to be furnished to all the indigent sick by specially marked Rx at no cost to the patient. These are charged to the City at 10% over the cost of the drug, no overhead being charged.

The year was brought to a climax by our Public Health Meeting, December 15th, 1932, when Dr. Haven Emerson talked on the subject of "Preventable Diseases and Their Control by Personal and Public Action," at the Stambaugh Auditorium. Some 500 people braved the zero weather to hear him. The most conspicuous feature of the meeting was the noticeable absence of physicians and nurses.

REPORT OF COUNCIL

The Council of the Society has been very active this past year, meeting from one to five times a month, with no lull in the summer months. Matters of importance have been discussed, such as a central office, poor relief, sick relief, hospital aid, dispensaries, both hospital and otherwise. These matters have all been brought to the Society for action. Much time was spent both by the Constitution Committee and Council in revising and adding to our Constitution. This new Constitution was adopted by the Society June 28th, and approved by the State Association October 2nd, 1932. All of the Society's business was transacted by the Council. Matters that were considered sufficiently important were transacted by the Society as a whole. The central office was discussed from all angles. All kind of proposals for its operation were advanced and it is still being discussed even to the last meeting of Council. This problem has not been dismissed nor has it been brought to the floor for a discussion, for at the present time we do not have a definite plan to present. We do know, however, that we should have such an office with an executive secretary, library, collection bureau, credit file, telephone exchange, and financing bureau. The problem at present is to get it under way and be able to finance it. We feel this is the proper time to start this office.

Council has presented poor and sick relief, hospital aid, City and Hospital dispensary problems to the Society. It was decided at a joint meeting with the City administration held August 15th, 1932, that we would do all in our power to aid, by each member doing his duty toward the indigent sick. Each physician would treat patients who had been his patients before, by reduced rates, deferred payment or whatever plan the member deemed wise. At this time the Hospital dispensaries had been closed to all but members of their respective staffs. Consequently the only alternative the City had was to open a City dispensary where patients were inadequately treated by the three City physicians, Drs. Nardacci, Mermis, and Redd. This inadequate care of our people, who are in want and sick, was finally brought to the attention of the City officials and the hospitals by our members. The hospital authorities and City officials met together, and it was agreed that patients of all members of our Society were to be admitted to either hospital dispensary, thus making it possible for the City to close its sick line. This would afford these people better and more scientific care since our members were able to work to a better advantage.

We thus have ended a very successful year and this office thanks each and every member for his hearty co-operation in whatever manner he has aided the improvement of our cause.

Wm. M. Skipp, M. D.



THE MAHONING COUNTY MEDICAL SOCIETY BULLETIN

LOUIS DEITCHMAN, M. D. Editor

P. J. FUZY, Advertising Manager

A. W. THOMAS, M. D.

J. B. BIRCH, M. D.

ARMIN ELSAESSER, M. D.

J. L. FISHER, M. D.

Published Monthly at 505 Central Tower

Subscription Rates \$2.00 Per Year

The new Editor greets the Members of The Mahoning County Medical Society and wishes each one a Happy and Successful New Year.

He assumes his duties with the full knowledge of the debt which this society owes to the retiring Editor, the genial and talented Dr. J. L. Fisher. The Bulletin was largely his brain-child. He has carried it successfully during the first two years with much thought, work and care. The present plans are to follow in his footsteps and to carry on along the same general line.

Suggestions and criticisms will be welcome at all times. The Editor is particularly anxious for new contributors. He knows that there is much talent among the members and that the Bulletin has not been fully used by them as a medium of expression. Let's break up this literary dystocia. L. S. D.

401 Southway
Baltimore, Md.

March 3, 1932.

Dear Doctor Goldcamp:

Thanking you for yours of February 20, I have given some thought to the subject for the event of January 17, 1933, and conclude that perhaps the most interesting theme I could propose is the general one I am working out in detail just at present, namely: Medical Geography and Geographical Medicine. This is rather a new line of thought and I think I shall have data enough to make it interesting for your Society by the date mentioned. It will be a great pleasure to meet the members of your Society and yourself, and to do the best I can for you, although I think you exaggerate my merits.

With best regards, I remain

Very Sincerely Yours
J. H. Garrison



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GARRISON'S HISTORY OF MEDICINE

There are two main types of history books. The first, the text book of our school days, consists of dry facts, dates and names, and of only loosely connected events. Though factually authentic, these are somewhat indigestible. For this reason, very few of us can look back with pleasure to the time when we were studying and assimilating formal courses in history.

The natural reaction to this formal text, produced, in recent years, the second type of history: The history with a story. History has been "jazzed up"; historic facts have been subjected to all sorts of fancy interpretations. In their zeal to make history more readable and interesting, the authors have strayed far into the realm of romancing. So much so that the reader is at a loss to discover where fact leaves off and fiction begins. Biography, which is so intimately related to history, has been most mercilessly juggled by amateur psychiatrists and psychoanalysts. Our heroes have been made into homosexuals and necrophils. Some have been charged with fixations, Oedipus complexes, sexual perversions and other abominations. This type of sabotage in history is pernicious and inexcusable.

Somewhere between the two extremes lies a happy medium. Dr. Fielding Garrison's "History of Medicine" represents just that. In this book sound fact has not been sacrificed to far-fetched theories. Yet with all the meticulous are given to fact, and without resorting to speculations, Dr. Garrison succeeds in giving us a thoroughly modern interpretation of history and in injecting into it his own broad and liberal viewpoints.

Although, strictly speaking, the book is a history of medicine, it is more than that. It is a history of everything. Having recognized that "the history of medicine touches human activity on all sides, like a vast circle defined by multitudinous tangents" (Garrison), he keeps this before him throughout the book. It is this keeping of every tangent in view which gives the book its soundness and completeness. One cannot read a page without being struck by the amazing all-inclusiveness of its scope. It is a summary of all the sciences with the arts thrown in for good measure.

To write this book it must have required a prodigious amount of scientific and cultural arduousness. Dr. Garrison seems to have this at his disposal. His versatility and erudition remind one of the great mediaeval scholars. Every page bristles with quotations and references which range from the ancients to the present best-sellers. In one breath he may mention Shakespeare, Wagner and L. Mencken. All this he does without being pedantic.

While Dr. Garrison's feet are planted on the solid rock of classical learning, he has a sympathetic understanding of modern trends. Psychoanalysis, Soviet System and its medicine, even the Cults are justly appraised. Topics and problems of up to the minute interest are dealt with in an unbiased manner. His wholesome respect for the old and tried does not seem incompatible with an understanding of the modern.

This broad understanding and sympathy is carried over into the arts. One can easily conjecture that while his preference would be for Shakespeare, Beethoven, Rembrandt and Rodin, he would not dismiss a James Joyce, a Stravinsky or a Picasso without a hearing. It is an understanding which comes from drinking deeply of knowledge and culture.

There is no doubt that Dr. Garrison's book has given stimulation and guidance to many. We cannot, therefore, pass the occasion of Dr. Garrison's gift to Youngstown without expressing our admiration for his most inspiring volume.

L. S. Deitchman, M. D.



Public Health Department

The most marked increase in December's report again shows in the number of Diphtheria cases.

This condition should not exist since this disease is preventable by the use of T-A or Toxoid.

As shown by the official bulletin issued by the State Department of Health, Youngstown has the largest number of cases of Diphtheria of any city in the State for the month of December.

I again urge the medical profession to assist in every way possible to correct this condition.

It will be noticed that no cases of Influenza and only 18 cases of LaGrippe have been reported for the month. Undoubtedly many cases have existed, but we have no means of collecting this data, and keeping a record, unless the medical men co-operate in reporting all cases.

I also wish to again remind the medical profession that we are ending the old year and starting a new one. Our previous records show that approximately 45% of all birth records are filed late. So search your records and if your reports are not up-to-date, may I ask that you complete them at once, in order that the Vital Statistics Records may be completed.

C. H. BEIGHT, M. D.

Contagious Diseases--December 1932

	City	County
Chickenpox	70	104
Diphtheria	37	3
Measles	3	1
Scarlet Fever	47	23
Smallpox	7	32
Whooping Cough	38	
LaGrippe	18	
Pulmonary Tuberculosis	10	4
Pneumonia	2	2
Syphilis	1	3
Gonorrhoea	1	
Mumps	1	
Tularemia	1	
	236	172

MUNICIPAL HOSPITAL

Smallpox	3
Diphtheria	1
Syphilis-Positive	1
Syphilis-Negative	1
Syphilis-No report as yet	1
	7

MEDICAL GLEANINGS

During the holiday season we were glad to see a number of our friends who have been away doing post-graduate work — Drs. Tuta, Weaver and Thompson.

Dr. Weinberg is about again after his illness and has our best wishes for a complete recovery. Drs. Phillips and Deitchman have recovered sufficiently to leave the hospital. Dr. Beers is able to be up and around and is glad to see his friends at home. Dr. Gross of Hubbard was back with us over the holidays and is looking very well.

Dr. A. W. Thomas was principal speaker at the Annual Banquet of Ohio State Alumni.

The perennial question of hospital appropriation is with us again. City Council is recommending a reduction in the amount from \$100,000.00 to \$50,000.00. We physicians, who are in close touch with this problem know that at this time such economy would be a calamity. Actually the amount should be increased for the simple reason that the need is greater.

Why should we, year after year, have to eat our heart out over the problem? Is it not enough that we furnish free medical and surgical care to the poor? We do it ungrudgingly. We have done it for years. We ask nothing for ourselves. All we want is to be given the opportunity to further serve the poor and needy of the community.

It is high time that the public realize that our hospitals are not a political football to be kicked about by each successive administration. If council has a sense of proportion it will pare to the bone every other item in the budget before tampering with the hospital appropriation.

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YOUNGSTOWN, OHIO



APROPOS THE R

I wonder how many physicians, after making a painstaking diagnosis and carefully outlining a proper course of medication for their patients, are equally concerned about the filling of their prescriptions! I refer to this important (and I suspect much overlooked) matter in the interest of both patient and physician.

In the long run, the experience of one physician is pretty much the experience of all, and I venture to say that every physician who reads these lines can readily recall, as can the writer, many instances in which substitutions have been made in the filling of his prescriptions. Many times, when I have failed to direct the patient to a reliable pharmacist, have I discovered that a substitution had been made, that the prescription had been stepped-up in quantity, or that the medicine dispensed did not represent the standard of strength prescribed in the U. S. P. Yet how often do we hand the patient a prescription—simply telling him to have it filled—and concern ourselves no more about it! This is quite the natural thing to do, and would be sufficient if all druggists were trustworthy; but as we know some are not, it becomes our duty to see that our prescription is taken to a pharmacist whom we know to be reliable. Many of our patients do not realize the importance of this, and if permitted to leave the office uninstructed will in many cases, unknowingly, take the prescription to a store where they will be imposed upon.

Allow me to cite just one instance as a case in point: Patient entered a drug store with a prescription calling for Elixir strontii bromidi comp. It was not in stock—and the druggist substituted.

Some hours later the doctor's office was called and he was informed that the medicine "made the patient sick." Had the mother not suspected something was wrong, and had she not called to inquire about it, the reflection would have fallen on the physician and he would have lost a good patient. This was a very simple case, but had it been otherwise, it might have had an entirely different termination.

This is not a reflection on professional pharmacy! On the contrary, it is in commendation of it. It is a reflection, however, upon the individual who practices pharmacy with no other thought than that of personal gain. We can correct this pharmaceutical malpractice, if we will only insist that our prescriptions be filled by pharmacists whom we know to be worthy of our support.

Clearly, the proper filling of the prescription is of no less importance than selecting the drug in the case.

BOYD W. SCHAFFNER.

Advertising in Lay Publications

The following resolution was passed by Council of the Mahoning County Medical Society, December 30th, 1932.

That, the Council of the Mahoning County Medical Society look with disfavor on any kind of advertising by physicians in magazines or publications other than medical, under the guise of a directory or the like; and furthermore the Council cautions and advises the members against participating in such proceedings, unless they receive the endorsement of the Secretary.

Applications For Membership

The following doctors have made application for membership in the Mahoning County Medical Society:

Dr. Geo. Y. Davis, Mahoning County Court House.

Dr. Henry Sisek, Home Savings & Loan Bldg.

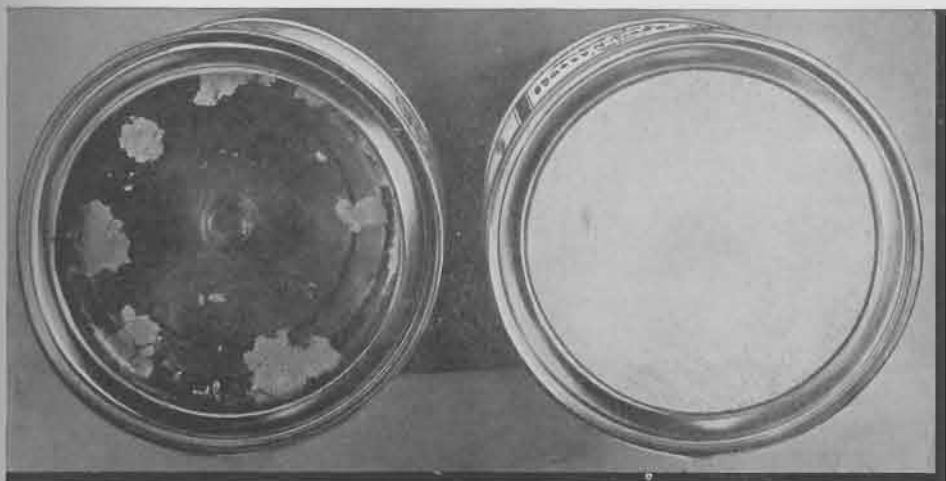
Dr. Walter O. Mermis, 1612 Mahoning Avenue.

Dr. Peter James McOwen, 608 Central Tower.

These names have been read at the December 20th, 1932 meeting.

Objections to the acceptance of any applications for membership must be made in writing within 15 days.

Why We Supply DEXTRI-MALTOSE Only in Powder Form



Syrup Contaminated by Exposure to Air

FIG. 1. The can of syrup* shown above was opened for one-half hour in a bacteriological laboratory to permit withdrawal of a portion of its contents. This was done with sterile pipettes. The can was then covered tightly and stored. One month later it was again opened for the purpose of obtaining more syrup but examination revealed the heavy mold growth pictured above. Growth also developed in two other cans purposely exposed for a brief time. Mold grew in one as early as 7 days after the can was opened.

* A maltose-and-dextrin syrup experimentally made and studied but not marketed.

No Growth in DEXTRI-MALTOSE After Exposure to Air

FIG. 2. This can of Dextri-Maltose was opened for one-half hour to approximate conditions under which accidental contamination appeared in syrup at left. To make the test more severe, the Dextri-Maltose was also heavily inoculated with a micro-organism which had previously produced thick growth in syrup. The can was then closed and not opened for 40 days, at which time no growth was visible. Later, the can was opened 4 or 5 times for a total exposure of about 1 hour, without the slightest evidence of growth.

Thrush Organism Grows in Syrup— Fails to Grow in DEXTRI-MALTOSE

As a more stringent test, syrup was inoculated with the pathogenic thrush organism. A thick mold growth developed and the inoculum grew after 17 days. In sharp contrast, Dextri-Maltose inoculated with the same strain was entirely free from growth. These tests were conducted in a modern bacteriological laboratory. Considering that the thrush organism and other molds grew so rapidly in syrup

under these conditions, how much greater is the chance for contamination in the average household where the syrup can would be opened at least once daily! Therefore, because carbohydrate preparations in syrup form not only attract insects and dust but also offer a fertile field for the growth of fungi, we shall continue to supply Dextri-Maltose only in powder form.

MEAD JOHNSON & COMPANY, Evansville, Indiana, U.S.A.

Please enclose professional card when requesting samples of Mead Johnson products to cooperate in preventing their reaching unauthorized persons

POST-OPERATIVE BORBORYGMI

BATH AND A. M. CARE

How often was I filled with consternation
When calling on a patient in the morn
To find the sick room all in agitation
Upset, disordered, cluttered up and torn;
The patient disarranged, the bed a mess,
A basin here, some linen over there;
Quite often have I said, I must confess,
D—n nuisance are this "bath and a. m. care."

I soon was to receive these morning rites
Myself; to have them soothe my aches and pains
When weak and fagged by long and trying nights
In came the nurse to shake up my remains.
The chaos then assumed an inner beauty
Of ordered purpose. I really must be fair,
And my changed mind to speak it is my duty;
I say: D—n nice, this "bath and a. m. care."

Greetings for a
Happy and
Prosperous
NEW YEAR

Paul Schmidt
FLORIST

3121 Market Street

Phone 24212

THE MERCER SANITARIUM

MERCER, PENNSYLVANIA

For Nervous and Mild Mental Disorders. Located at Mercer, Pennsylvania, thirty miles from Youngstown. Farm of one hundred acres with registered, tuberculin - tested herd. Re-educational measures emphasized, especially arts and crafts and outdoor pursuits. Modern laboratory facilities.

Address:

W. W. RICHARDSON, M. D., Medical Director

Formerly Chief Physician, State Hospital for Insane, Norristown, Pennsylvania

Get that better flavored milk which
is chucked full of healthful vit-
amines and absolutely clean . . .



Dr. J. L. Fisherton: You see Skipperling it's just like this—if you want to feel full of pep and always keep your brain alert you've got to start the day with a glass of milk—real milk that has that clean wholesome flavor and comes straight from the farm.

Dr. Wm. Skipperling: Gee! I'd like to keep looking young, robust and good natured like you, doctor. They tell me that Mrs. Heberding has one of the most scientific dairies in the United States, do you suppose that milk would turn the trick?

Dr. J. L. Fisherton: None other. Our entire family enjoys Indian Creek Milk every day. Mrs. Heberding checks and double checks her entire plant constantly. She's a trained nurse you know and understands sanitation in every detail and she simply knocks her bacteria counts into a cocked hat!

Dr. Wm. Skipperling: Thanks, Jimmy, I never realized until now, how careful we should be in selecting our milk. Beginning in the morning I'll be drinking that better milk too.

INDIAN CREEK FARM

The Home of Youngstown's Better Milk

Phone 2-2344

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VITAMINIZED CHOCOLATE IS

A COMBINATION of vegetables and milk. Each glass of Vitaminized Chocolate contains the food value of a glass of milk plus two tablespoonsful of raw vegetables.

Vitaminized Chocolate dairy drink has 20 to 30% more calories than are found in whole milk.

For samples, call

Coursen's Dairy

Phones: Youngstown 6-6454 — Girard 150

S. Q. LAYPIUS OBSERVES:

A survey of the Court of Domestic Relations will show a high incidence of men who seem to have female trouble.

How about a Committee on the "High Cost of Committees on the High Costs of Medical Care"?

The writer has several ambitions. First, to throw an egg into an electric fan; second, to pour some soap-suds into a bass horn; third, to compel members of the State Medical Board to take their own examination.

Subsidized as was this late lamented Committee, after having read the majority report one is bound to really question, "how firm a foundation"?

Under "State Medicine" consider the poor Governor. Just think how often his peace would be disturbed by some doctor phoning in to obtain permission to prescribe a little aspirin or a little bitter tonic or something.

Several heights of optimism:—Starting in to practice medicine at this time. Or, getting married at this time. Or sending out statements at this time. Or, looking expectantly into one's waiting-room at this time. Or, well just anything at this time.

New medical term—"technocrazy," referring to the mental state of one who has tried to understand technocracy.

Famous economist warns against "cutting the army." Logical, indeed. That sort of a job should fall to the Surgeon General.

News item refers to the Glass bank bill appearing in the senate and devised for the protection of banks. We presume this refers to bullet-proof glass.

Local hunters are reported to have missed every rabbit at which they shot and then came home and ate pork chops. Bet someone else missed a pig also.